

CONSUMER REPORTS BOOKS

THE
CONTRACEPTIVE
HANDBOOK

A GUIDE
TO SAFE
AND
EFFECTIVE
CHOICES



BEVERLY WINIKOFF, M.D., M.P.H.,
SUZANNE WYMELENBERG, AND
THE EDITORS OF CONSUMER REPORTS BOOKS

Contraceptive Handbook

Toni Belfield



Contraceptive Handbook:

The Handbook of Contraception Donna Shoupe, 2020-09-22 This book presents an up to date and comprehensive review of female contraception offering an extensive overview of contraception types including oral injectable emergency and various cervical barrier contraceptives It also discusses behavioral and sterilization methods of contraception as well as the clinical effectiveness advantages disadvantages side effects and mechanisms of action of each method Now in its fully revised and expanded third edition this text includes seven new chapters that address specific clinical issues that healthcare providers face daily These issues include patients with medical problems perimenopausal women the adolescent population post pregnancy patients patients with bleeding problems fibroids or hyperplasia obese patients and patients with acne or hirsutism There is also a new chapter dedicated to contraceptive methods that are currently in development Each chapter reviews the correct use of the individual method the most appropriate candidates timing of initiation red flag contraindications risks and benefits method of action handling side effects non contraceptive benefits switching methods and the CDC Medical Eligibility for the method Importantly however there is a new emphasis placed on standardized evidence based practice recommendations incorporating the most recent US Selected Practice Recommendations and rationale as published by the US CDC Written by experts in the field *The Handbook of Contraception Third Edition* is a valuable resource for obstetricians gynecologists reproductive medicine specialists and primary care physicians

The Handbook of Contraception Donna Shoupe, 2007-11-07 I opened my series editor manuscript of *The Handbook of Contraception A Guide for Practical Management* edited by Drs Donna Shoupe and Siri Kjos on a tiny plane on the way to giving a lecture in Albany NY I expected to peruse the manuscript and found that I could not put it down *The Handbook of Contraception A Guide for Practical Management* is an incredibly informative and enjoyable read In keeping with the objective of this series for primary care clinicians there is a quality in this title that is uncommon among medical textbooks The chapters of this book are written with extraordinary intelligence and understanding and with attention to practical considerations in the selection and management of contraceptive options The authors have reviewed the science behind contraception including the chemical structure and effects of hormonal contraception physiology of contraception efficacy rates and side effects as well as the practical considerations that are relevant in helping patients choose between different contraceptive options They do this with a clarity of language and intent that lets the book cover with sufficient detail the full range of questions that any primary care clinician will have regarding any of the traditional or new contraceptive options Also included in each chapter is a section on counseling tips which explicitly answers many of the questions that clinicians and their patients often have when discussing contraceptive options For a book so useful and well done the editors and authors deserve our thanks

Birth Control
David E. Newton, 2019-12-02 *Birth Control A Reference Handbook* provides a breadth and depth of discussion about birth control throughout human history and in the modern day with attention paid to the controversies related to it *Birth Control A*

Reference Handbook covers the topic of birth control from the earliest pages of human history to the present day The book is divided into two parts The first two chapters provide a historical background to the topic and a review of current issues and problems The remainder of the book consists of chapters that aid the reader in continuing her or his own research on the topic such as an extended annotated bibliography chronology glossary noteworthy individuals and organizations in the field and important data and documents This book differs from other works on its subject primarily because of the variety of resources provided such as further reading perspective essays on the topic a historical timeline and useful terms in the field It is intended for readers of high school through the community college level along with adult readers who may be interested in the topic

Fpa Contraceptive Handbook Toni Belfield,1999 *Handbook of Contraception and Sexual Reproductive Healthcare* Johannes Bitzer,Tahir A. Mahmood,2022-04-07 A practical evidence based resource for ensuring high standards of care in contraception and sexual and reproductive health that follows the curriculum of the joint EBCOG and ESCRH Certificate and Diploma Examination in Sexual and Reproductive Health Text focuses on key information providing advice on how to practice patient centred care

The Contraceptive Handbook Beverly Winikoff,Suzanne Wymelenberg,1992 A thorough intelligent discussion of contraception methods barrier hormone IUD surgical sterilization Vatican roulette withdrawal The very satisfactory Norplant hormonal technique is priced at 350 for the medication about 100 for insertion No collection serving sexually active persons indeed none of those persons should be without this book Annotation copyrighted by Book News Inc Portland OR

Contraceptive Handbook Toni Belfield,1992-01-01 *Handbook of Contraception and Sexual Health* Suzanne Everett,2014-04-03 Offering a comprehensive guide to contraception and sexual health the new edition of this practical handbook has been fully updated It takes an integrated approach to sexual health and now includes additional content on sexually transmitted infections as well as assessment skills Giving clear and detailed information about all contraceptive methods including how to use them contra indications interactions and common patient anxieties the Handbook of Contraception and Sexual Health is an essential read for all nurses midwives and allied health professionals working in community health and primary care settings All chapters are fully updated with the latest research and methods Includes additional chapters on the Consultation Process Progestogen pills and STIs and a newly written anatomy and physiology chapter Each chapter takes into account relevant UKMEC guidelines and includes self assessment exercises

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considerations in the selection and management of contraceptive options The authors have reviewed the science behind contraception including the chemical structure and effects of hormonal contraception physiology of contraception efficacy rates and side effects as well as the practical considerations that are relevant in helping patients choose between different contraceptive options They do this with a clarity of language and intent that lets the book cover with sufficient detail the full range of questions that any primary care clinician will have regarding any of the traditional or new contraceptive options Also included in each chapter is a section on counseling tips which explicitly answers many of the questions that clinicians and their patients often have when discussing contraceptive options For a book so useful and well done the editors and authors deserve our thanks

FPA Contraceptive Handbook Toni Belfield,1993-01-01 Family Planning ,2007 United States Agency for International Development Bureau for Global Health Office of Population and Reproductive Health *FPA Contraceptive Handbook* Toni Belfield,1993

A Clinical Guide for Contraception Leon Speroff, Philip D. Darney,2011 The thoroughly updated Fifth Edition of this practical handbook provides the essential information that clinicians and patients need to choose the best contraceptive method for the patient's age and medical social and personal characteristics

Handbook of Family Planning and Reproductive Healthcare Anna Glasier,Ailsa Gebbie,2008 This title is directed primarily towards health care professionals outside of the United States Entirely revised and updated and with a foreword by John Guillebaud this is the much anticipated new edition of an invaluable practical guide which has become an established reference for all those working in reproductive health As in the previous edition all forms of contraceptives are covered in detail with guidance on prescribing possible complications and advantages disadvantages The book continues to provide evidence based clinical guidance for family planning providers This fifth edition is a complete update on developments in the field integrating the new contraceptives strategies and guidelines within family planning and reproductive healthcare Five new chapters New chapter authors from North America and Australia New chapter on service provision issues including services for diverse groups such as ethnic minorities lesbian and bisexuals learning disabilities etc Progestogen only methods now covered in three new chapters on individual methods progestogen only pill injectables and implants Evidence based guidance from UK Faculty of Family Planning included in the chapters on contraceptive methods Chapter on screening expanded to include issues relating to chlamydia to reflect changes in management in this area *Essentials of Contraceptive Technology* R. A. Hatcher,W. Rinehart,R. Blackburn,J. S. Geller,2001

Birth Control Handbook Donna Cherniak,Allan Feingold,1972 **Handbook of Contraceptive Practice** ,1990 *Handbook of Contraceptive Practice* ,1990

The Ultimate Plan B One-Step Emergency Contraceptive Handbook Dr Lydia Sam,2025-08-19 Be Prepared Stay Confident Take Control of Your Reproductive Health When unexpected situations happen every minute counts The Ultimate Plan B One Step Emergency Contraceptive Handbook is your complete easy to understand guide to using emergency contraception safely and effectively This book gives you clear step by step instructions on how Plan B works when to take it

and what to expect removing confusion fear and uncertainty Inside you ll find answers to common questions guidance on side effects tips for making informed choices and advice on what to do after taking Plan B It s written in simple straightforward language making it perfect for anyone looking for reliable accurate information without medical jargon Empower yourself with knowledge protect your reproductive health and make confident decisions when it matters most Whether it s your first time or you want to refresh your understanding this handbook is the trusted resource you need **Medical handbook part 1: Contraception** International Planned Parenthood Federation,1964

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