

A close-up photograph of a plate of stir-fried beef, broccoli, and carrots over white rice. The beef is dark brown and sliced into strips. The broccoli is bright green and cut into florets. The carrots are sliced into thin rounds. The rice is white and fluffy. A silver fork is visible in the background.

Cooking Light

5

Ingredient

15

**MINUTE
COOKBOOK**

Cooking Light 15 Minute Cookbook

Hussin A.Rothana



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