

# PNS Motor System Changes with Aging

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- Loss of  $\alpha$ MN
    - remaining  $\alpha$ MN will innervate the muscle cells
    - remaining MU become larger which can **reduce motor coordination** for finely tuned movements
  - Signs of reinnervation
    - space between nodes in myelin was reduced
  - $\downarrow$  in the NCV
  - Motor conduction slows by 0.4–1.7 m/s per decade after 20 years (sensory by 2–4 m/s)
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# Aging Motor System

**Rachel Sandford**



## **Aging Motor System:**

## Whispering the Techniques of Language: An Psychological Journey through **Aging Motor System**

In a digitally-driven earth wherever monitors reign great and immediate conversation drowns out the subtleties of language, the profound techniques and emotional nuances hidden within phrases frequently go unheard. However, situated within the pages of **Aging Motor System** a interesting literary prize pulsing with organic feelings, lies an exceptional quest waiting to be undertaken. Composed by a talented wordsmith, that marvelous opus invites viewers on an introspective journey, lightly unraveling the veiled truths and profound influence resonating within ab muscles fabric of every word. Within the mental depths of the touching evaluation, we will embark upon a heartfelt exploration of the book is key styles, dissect its captivating writing design, and yield to the powerful resonance it evokes strong within the recesses of readers hearts.

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