

“A mandatory read for all aspects of pain management.”

Gene Dedick, past regional director

American Chronic Pain Association (Southern California)

==T h e ==
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MANAGEMENT
SOURCEBOOK**

**Everything You Need
to Know About:**

- + Using the mind-body connection to break the pain cycle
- + Over-the-counter and prescription pain relieving drugs
- + Weighing surgical options
- + Multidisciplinary treatment
- + Mitigating cancer pain
- + The future of pain treatment and management



David Drum

Forward by Malin Dollinger, MD, FACP

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liquid vanilla extract 1 4 cup of granulated sugar 1 4 cup of powdered sugar 1 pinch of salt

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