

# Composition Structures in Dance

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Composition structures in dance refer to the different elements that choreographers use to structure a dance piece.



## 1. Beginning and ending:

The beginning of a dance sets the stage for the audience, introducing the movement style and tone of the piece. The ending is the final statement, leaving a lasting impression on the audience. Both should be clear, impactful, and memorable.

### 1. Repetition

Repetition is a common structure in dance that helps to create a sense of unity and build tension. It can be used in various ways, such as repeating a specific movement phrase or the same sequence of movements with variations.

### 2. Stillness

Stillness in dance can add a powerful contrast to movement, emphasizing the impact of movement and creating a sense of drama. This structure can be used to pause the movement or create iconic images that the audience will remember.

### 3. Transitions

Transitions are the linking sections between movements and are an important aspect of composition. A smooth and seamless flow of movement through transitions can make the dance more fluid and cohesive. Sharp transitions can create a sense of surprise or tension.

### 4. Unity

Unity in dance refers to when all dancers simultaneously perform the same movement, creating unity and cohesion. This structure can be used to create a strong impact, emphasize the rhythm of the music, or connect with the audience when the dancers are moving independently.

### 5. Contrast

Contrast is a structure in which a sequence of movements is intentionally used to create a sense of tension or drama. This structure can be used to create a sense of tension or drama, such as a sequence of unity.



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**JA Banks**



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web mar 1 2022 1 choose a recipe and fragrance if you are a beginner the simplest way to start is to purchase a soap base a pre mixed combination of the soap glycerin and a few add ins like plant

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web nov 17 2019 they re to help and instruct you to make natural handmade soap from the comfort of your own kitchen the collection of free soap recipes below use natural ingredients such as essential oils herbs and clays some also include soap making videos to help you make the recipe successfully

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web aug 16 2023 heat the pint for about a minute in the microwave or add the oils to a pan of water and heat over a stove the temperature should be around 120 degrees fahrenheit for your oils 9 if you re making a mild to hard bar use olive oil or use coconut oil in order to produce soap with a good lather

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web nov 7 2022 1 melt and pour soap pros no handling of lye required easy and quick can be made with kids can be used right away reliable no curing time no safety gear necessary can be made in minutes