



# Color For Men

**J Rink**



**Color For Men:**

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trocken und es kommt schneller zu Verletzungen an den Lippen und den Mundwinkeln macht sich dies durch Risse Verletzungen und Entzündungen bemerkbar

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web dec 10 2017 typische Folge ist eine sogenannte Eisenmangelanämie es ist für die Sauerstoffaufnahme Sauerstoffspeicherung und Blutbildung unentbehrlich durch Blutungen kann sehr schnell viel Eisen verloren gehen lesen sie alles über die Symptome und Entstehung eines Eisenmangels [artikelübersicht](#)

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web nov 20 2023 die bekanntesten Symptome sind Müdigkeit Blässe reduzierte Konzentration und Kurzatmigkeit diese Anzeichen variieren in Abhängigkeit von verschiedenen Faktoren und Dauer des Eisenmangels auch die Ursache für den Eisenmangel kann unterschiedlich sein

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web oct 16 2023 Ferritin praktisch beweisend für einen Eisenmangel ist ein erhöhtes Ferritin schließt aber eine Eisenmangelanämie nicht aus da es als akute Phase Protein bei Entzündungsprozessen erhöht sein kann und einen Mangel dadurch kaschiert Definition 3 Stadien Eisenmangel Eisendefizitäre Erythropoese Knochenmark Eisenmangelanämie

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web circa 25 Prozent der Weltbevölkerung leidet an Eisenmangel und doch wird die Krankheit häufig erst spät erkannt das liegt auch daran dass die Symptome von Eisenmangel oft eher unspezifisch sind zu den typischsten Krankheitserscheinungen gehören unter anderem Kopfschmerzen Müdigkeit Blässe Antriebslosigkeit allgemeines