

2017 GCSE Food Technology Revision - Section A Design question:

How to get full marks for the 'how to make your product in a test kitchen' question:

Comment on:

- Personal hygiene – e.g. tie hair up / wash hands / wear apron
- Kitchen hygiene – e.g. sanitise work surfaces, check equipment is clean
- Visual checks – check ingredients are in date
- Temperature – e.g. preheat oven to 210°C (bread products) 180°C (pasta products)
- Named process – e.g. slicing, dicing, sieving, rolling, whisking – aeration, grating, baking etc.
- Logical sequence – e.g. don't bake your cake before it is in the tin. Do not decorate until it has been allowed to cool after cooking
- Quality control checks e.g. weigh ingredients using calibrated digital scales, check homemade pasta sheets are correct size & shape, has correct amount of sauce been added? Is cheese sauce the correct consistency? Is oven correct temperature? Is cooking time correct? Check product is golden brown.
- Times – e.g. sauté onions for 4 minutes, cook chicken until 'sealed' (5 minutes), bake for 20 minutes
- Kitchen safety – e.g. use colour coded chopping boards to avoid cross contamination (definition: the transfer of bacteria from one surface to another e.g. cutting raw chicken and then using the same unwashed knife to cut another product or ingredient). Board colours: red (raw meat), yellow (cooked meat), blue (fish), green (fruit / veg), brown (veg), white (dairy/bread).
- Kitchen safety 2 – e.g. wear oven gloves. For example: 'Place in preheated oven 180°C for 25 minutes. Remember to wear oven gloves.' Would get you 2 – 3 marks.
- Knowing your recipe & quantities of ingredients - try to learn FOUR relevant recipes – basic upside down cake recipe /crème caramel/ tart tatin / marquise etc.

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