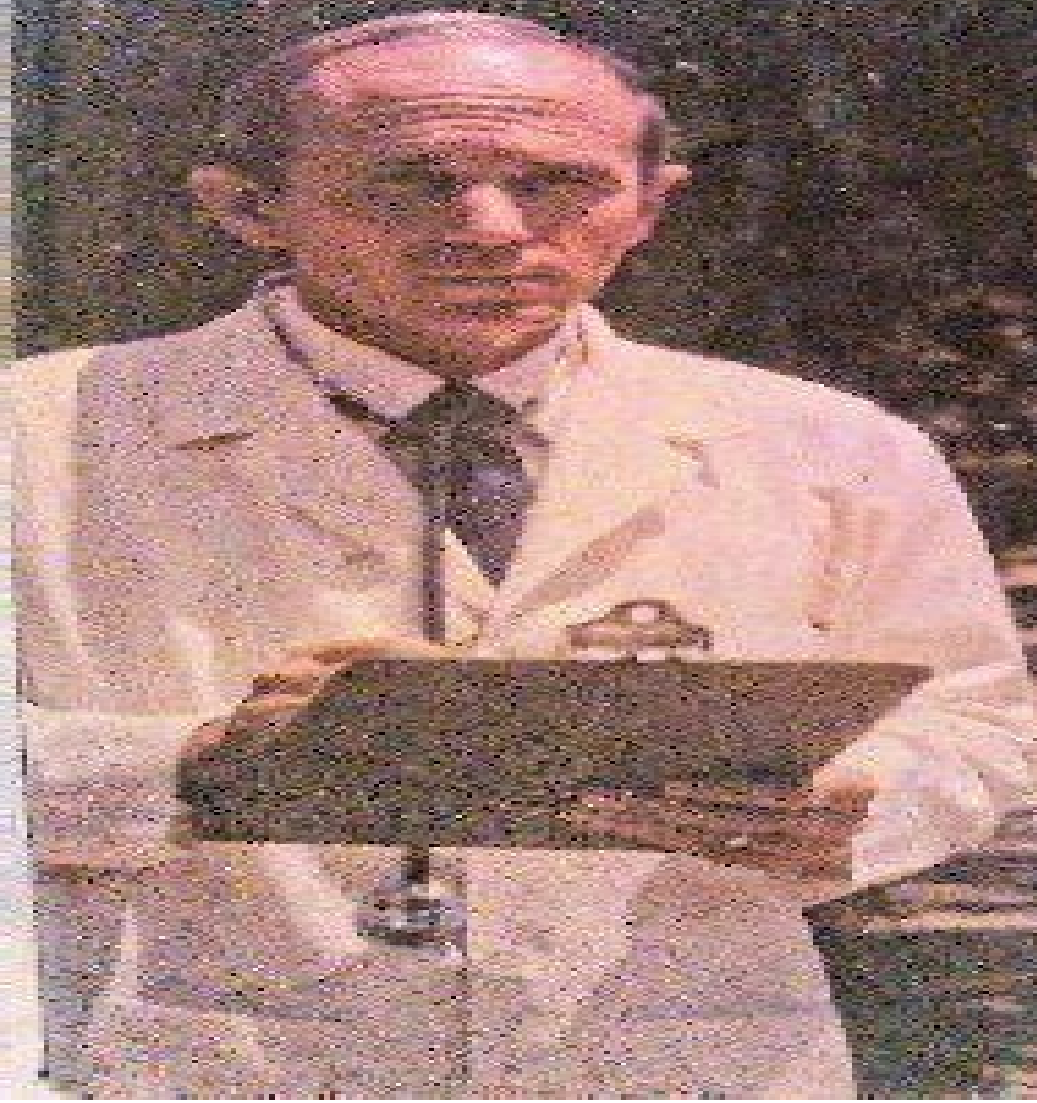


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NEW DATA ON THE WORLD'S MOST POPULAR EXERCISE PROGRAM



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