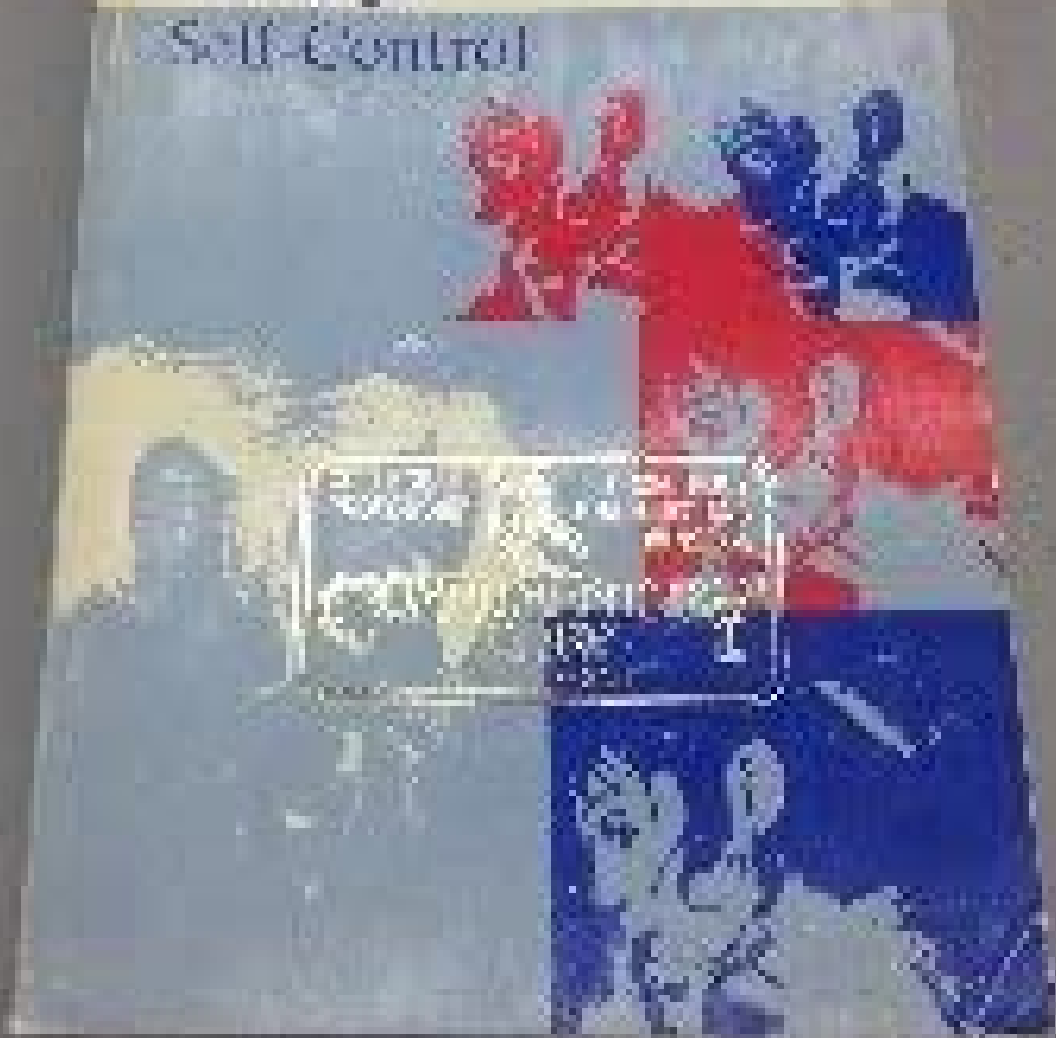


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# Behavior Change Through Self Control

**Katrin Zwirgmaier**



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