



☐ = the therapeutic relationship

FIGURE 1.1. The case formulation approach to CBT. Copyright 2008 by the San Francisco Bay Area Center for Cognitive Therapy. Reprinted by permission in Jacqueline B. Persons (2008). Permission to photocopy this figure is granted to purchasers of this book for personal use only (see copyright page for details).

Behavioral Case Formulation

Thomas Griffiths



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