

8 ways to support your child with Eating Disorders

- Show unconditional love
- Avoid commenting on their body/physical appearance
- Respect their accomplishments and goals
- Set a good example by eating a balanced diet
- Avoid making jokes based on people's body shapes
- Avoid restricting/moralising food
- Join eating disorder support group
- Be patient



Eating Disorders A Parents Guide

Y Pai



Eating Disorders A Parents Guide:

Uncover the mysteries within Explore with is enigmatic creation, Discover the Intrigue in **Eating Disorders A Parents Guide** . This downloadable ebook, shrouded in suspense, is available in a PDF format (*). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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