

A black and white photograph of a group of people, mostly women, in a swimming pool. They are all smiling and looking towards the camera. The water is rippling around them. The title 'AQUATIC EXERCISE' is overlaid in red, serif, all-caps font in the upper right quadrant. Below the title, the author's name 'RUTH SOVA' is also overlaid in red, serif, all-caps font.

# AQUATIC EXERCISE

RUTH SOVA

# Aquatic Exercise Second Edition

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